



Empowering your employees

Aetna® Diabetes Management Plus with Livongo

Doing more for employees with diabetes

Diabetes is one of the most common and costly health conditions — and the number of patients diagnosed continues to grow each year. The good news is type 2 diabetes can be controlled with lifestyle changes, and we're here to help.

Aetna Diabetes Management Plus, powered by Livongo, enhances our current care management models and efforts for diabetes management

programs. We do it by providing your employees living with diabetes, greater resources and support based on where they are in their health journey. This includes remote blood glucose monitoring, digital engagement tools, coaching and local clinical support.

It's a coordinated care approach designed to empower employees to actively manage their condition — all while reducing healthcare costs and improving clinical outcomes.



aetna.com

Diabetes by the numbers

TOP 5

Diabetes is one of the top five health care cost drivers.

3X

Three times more people have diabetes today than in 2000.

1.8M

Approximately 1.8 million Aetna Commercial members have been diagnosed with diabetes.

95%

95 percent of diabetes patients globally are type 2.

\$50K+

Costs for members with later stage diabetes can range between \$50-\$120K per member per year.¹

A holistic approach to living with diabetes

When it comes to diabetes, there are many ways to make a positive impact on your employees' lives. With Aetna Diabetes Management Plus, powered by Livongo, the focus is on the member with diabetes to help them modify behaviors towards healthy habits. Adding Aetna Diabetes Management Plus to your current Aetna care management model, your employees will benefit from:

- A customized experience based on risk level
- Actionable, timely insights on their Livongo blood glucose meter, mobile app and personal account to encourage behavior change
- An enhanced experience for your employees with one point of contact and 24/7/365 support
- Seamless care coordination between the member, care manager, and provider leveraging technology to help create greater quality of care and cost savings
- Unlimited test strips as needed, delivered right to their door to enable blood glucose checks without additional expense
- Local diabetes checkups through Aetna's Neighborhood Well-being Program, available in select MinuteClinic® locations inside CVS Pharmacy®

We're joining your employees on their journey

Every member's experience with diabetes is different. With Aetna Diabetes Management Plus, we deliver the right support to your employees at every step — no matter where they are in their journey to health.

For more information, please contact your Aetna representative.

MinuteClinic and Aetna are part of the CVS Health family of companies.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna).



[aetna.com](https://www.aetna.com)



¹Citation: Diabetes Product Strategy & Roadmap, 2019.